

MARITAL AND FAMILY THERAPY – M.S., D.M.F.T.

The marriage and family therapy profession

Marriage and Family Therapy is a distinct international mental health profession based on the premise that relationships are fundamental to the health and well-being of individuals, families, and communities. Marriage and family therapists (MFTs) evaluate and treat mental and emotional disorders as well as other health and behavioral problems, addressing a wide array of relationship issues within the context of families and larger systems. The federal government has designated marital and family therapy a core mental health profession—along with counseling, social work, psychiatry, psychiatric nursing, and psychology. All 50 states also support and regulate the profession by licensing or certifying marriage and family therapists.

Ongoing program review

The M.S. and D.M.F.T. degrees engage in ongoing review of student outcomes and use this information to improve program effectiveness. Data on student outcomes are collected through aggregate scores on the following: quarterly evaluations of clinical competency, results of qualifying examinations and clinical demonstrations, client session and outcome data, and exit surveys and interviews of students at graduation. Alumni surveys are also conducted every two years to track graduates' attainment of marital and family therapy licensure, data on employment, and feedback regarding how well the program prepares graduates for their job responsibilities. The program faculty also maintains regular contact with community agencies and educational institutions in the region to obtain input into curriculum planning and improvements in clinical training.

Financial assistance

For information regarding funding opportunities, see Student Aid (<https://llucatalog.llu.edu/about-university/financial-policies-information/>) in the financial policies section of this CATALOG.

Students who are accepted into the M.S. or D.M.F.T. degree curriculums may apply for work-study and department-funded research, teaching, and administrative assistantships awarded by the Department of Counseling and Family Sciences. Students in the online M.S. MFT and online DMFT programs must reside in California to be eligible for work-study positions. Department awards are contingent upon the availability of funds. Students may also apply for need-based financial aid, such as a loan or other work-study programs on campus. There are also small school-based scholarships for which students may apply. Students accepted into either the M.S. MFT or D.M.F.T. degree curriculum in marital and family therapy are eligible for and encouraged to apply for the AAMFT minority fellowships. See <http://www.aamft.org/> for information.

Programs

- Marital and Family Therapy—M.S. (<https://llucatalog.llu.edu/behavioral-health/marital-family-therapy/ms/>), D.M.F.T. (<https://llucatalog.llu.edu/behavioral-health/marital-family-therapy/dmft/>),

Counseling/Family Sci Doctoral Courses

CFSD 501. Fundamentals of Supervision in Marital and Family Therapy. 3 Units.

Research and theory regarding the supervision of marriage and family therapy trainees and interns. Can be used toward the requirements for certification as an AAMFT-approved supervisor.

CFSD 502. Advanced Supervision in Marital and Family Therapy. 1 Unit.

Mentoring of supervision of MFT trainees and interns in a clinical setting. Hours earned apply toward certification as an AAMFT-approved supervisor. Must complete 30 hours of supervision and 5 hours of supervision mentoring. Prerequisite or concurrent: CFSD 501.

CFSD 504. Advanced Family Theory. 3 Units.

Utilizes in-depth discussion and analysis of family theories that inform and advance the practice of systemic therapy and research to conceptualize key issues in the field. Conceptualizes and critiques the epistemological foundations underlying theory, research, and practice in MFT, while recognizing the practical and ethical implications of various theoretical frameworks as they pertain to diverse populations.

CFSD 505. Advanced Family Studies: Theory Construction. 3 Units.

Focus on developing theories that explain/guide/predict an individual, couple, family, or society phenomenon. Explores how to critically evaluate theory, as well as link theory development to research methodology and practice.

CFSD 506. Foundations of Systems Thinking: Theory and Application. 3 Units.

Explores theoretical underpinnings of general systems theory and its theoretical and practical applications to family relationships, family communication, intrapersonal dynamics and sociocultural contexts. Studies concepts of self-regulatory feedback loops, circularity and non-linearity as they affect families, inter- and intra-personal interactions and sociocultural contexts.

CFSD 519. Teaching in Higher Education. 3 Units.

Studies techniques and processes in the teaching of marriage and family therapy, including didactic and experiential techniques. Examines teaching philosophies for campus-based and online teaching modalities. Explores similarities and differences in pedagogy for campus-based and online teaching methodologies. Identifies strategies for effective teaching in both modalities.

CFSD 524. Marital and Family Therapy Administration: Organizational Structure, Process and Behavior. 3 Units.

Prepares MFT doctoral students to manage human service programs and agencies. Mission-based management framework guides students in examining strategic planning as a method for creating organizational change and accountability to stakeholders.

CFSD 526. Advanced Marital and Family Therapy Assessment. 3 Units.

Prepares marriage and family therapy doctoral degree students with skills and knowledge to become competent with methods of relational assessment in clinical and research settings. Emphasizes understanding, evaluation, and utilization of both individual and family-based assessments in organizational settings. Students assess the strengths and weakness of instruments in order to determine the best fit for a program, clinical topic, or research project.

CFSD 528. Marriage and the Family. 4 Units.

Studies the family from perspectives of psychology, anthropology, biology, history, politics, and religion. Investigates the major movements or moving forces in society that have influenced families living in the United States and elsewhere. Evaluates the important contemporary issues in families and presents theories of family functioning that inform therapeutic and educational interventions by professionals.

CFSD 534. Family Life Education I. 3 Units.

Explores issues related to laws and ethics in the practice of family life education, family law, and public policy matters in the United States of America and around the world. Critically analyzes marriage and family literature. Prepares family life educators for certification as family life educators and related family life professionals.

CFSD 535. Family Life Education II. 4 Units.

Applies a family-life-education focus on human growth and development. Expanded emphasis on family resource management and parent education within individual and family life cycle.

CFSD 536. Family Life Education III. 3 Units.

Explores issues in family life education, human sexuality, and interpersonal relationships relevant to family life educators and related family life professionals.

CFSD 540. Introduction to Medical Family Therapy. 3 Units.

Provides an overview of medical family therapy and the theoretical models that can be applied to clinical work within medical settings. Addresses contextual issues that impact health of patients and family members. Includes personal and professional aspects of providing ethical, holistic, and collaborative clinical care in medical settings.

CFSD 544. Health and Illness in Families. 3 Units.

Examines biopsychosocial-spiritual aspects of illness and their impact on patient and family members across individual and family life span development. Reviews contextual, cultural, and systemic issues pertaining to health, illness, loss, and trauma of patients and family members. Highlights major issues and trends in health care and implications for patient care.

CFSD 545. Research and Practice with Couples and Families. 3 Units.

A scholarly and critical review of the literature in family social science, with application of this literature to the practice of family life education and/or marital and family therapy. Students interact with the material to critically challenge historical approaches and develop new insights and understandings that would shape present and future practice of interventionists that work with families.

CFSD 546. Multicultural and Global Mental Health. 3 Units.

Focuses on current issues, trends, and approaches in the field of family social science; and interacts with newer advances in the field resulting from changes in practice, sociocultural, political, and technological arenas. Presents professional practice as an evolving process for practitioners in the twenty-first century.

CFSD 548. Family Therapy and Medicine. 3 Units.

Provides a socio-cultural overview of health and the health-care system in the United States. Focuses on the social contextual and structural factors that give rise to access and treatment within health care. Covers these topics: theoretical perspectives on health and illness, social inequality in health and illness, culture and health, examination of the health-care industry, medical family therapy, and consequences of illness to individuals, families, and society. Prerequisite: CFSD 540, CFSD 544.

CFSD 555. Organizational Development and Change. 3 Units.

Focus on system consultation and professional relations. Integrates organizational change theories and practice assessments in organizational settings. Assists students in integrating organizational behavior, assessment and change knowledge in practical setting.

CFSD 565. Neurobiology of Relationships, Stress and Trauma: Family Science Applications. 3 Units.

Connects philosophical underpinnings of systemic and relational theories to current social neuroscience research. Discusses implications and applications for clinical practice. Examines neuroscience of psychotherapy and interplay between biological systems, social processes, relational dynamics and behavior. Emphasis on recursive epistemology, construction of relational experiences, emotions, and attachment and trauma.

CFSD 601. Statistics I. 4 Units.

First in a series of three statistics courses. Focuses on basic, foundational behavioral statistics. Includes causality, levels of statistical measurement, frequencies distribution, measures of central tendency, dispersion, probability theory, normal distribution, and ANOVA.

CFSD 602. Statistics II. 4 Units.

Second in a series of three statistics courses. Focus on multivariate techniques. Includes ANOVA, ANCOVA, MANOVA, MANCOVA, formulation and computation of multiple regression models using scalar and matrix algebra, multivariate analysis of variance, regression diagnostics and solutions, regression with categorical dependent variables. Prerequisite: CFSD 601.

CFSD 603. Statistics III. 4 Units.

Third in a series of three statistics courses. Includes nonlinear regression models, logistic regression, discriminant analysis, path analysis, factor analysis, and structural modeling; and, social network analysis and multilevel modeling. Prerequisite: CFSD 602.

CFSD 605. Advanced Quantitative Methods. 3 Units.

Focuses on survey research design and data analysis. Includes research idea development, relational hypotheses formation, survey planning and management, questionnaire and item design, sampling, systemic clinical data measurement, logic of analysis, and problems of statistical interpretation and threats to internal and external validity.

CFSD 606. Issues in Family Research. 3 Units.

Addresses current issues in marriage and family therapy (MFT) and family studies research as basis for on-going inquiry and program development. Emphasizes research history, field trends, and evidence-based approaches to recovery. Focuses on designing, implementing, and disseminating research to support MFT and family studies.

CFSD 611. Qualitative Research Methods I. 4 Units.

Prepares doctoral students to conduct qualitative research study or program evaluation relevant to family processes and/or clinical practice. Introduces qualitative research foundations and practical experience with qualitative research methods. Addresses philosophical foundations of research design, analysis, and interpretation, and evaluation and presentation of qualitative data and findings.

CFSD 612. Qualitative Research Methods II. 3 Units.

Development of qualitative research project and completion of qualitative research proposal. Focuses on qualitative study design, data collection methods, data analysis strategies, writing/presenting qualitative data, and evaluation of qualitative studies. Prerequisite: CFSD 611.

CFSD 624. Program Development for Families and Communities. 3 Units.

Presents core components of systemic/relational programs designed to address problems in families and larger systems. Examines the elements of systemic programming that address clinical treatment problems/populations, as well as prevention and intervention issues affecting families, communities, and society. Uses the systemic/relational paradigm to create programs reflecting students' areas of interest.

CFSD 625. Grant Writing. 3 Units.

Study and practice in locating, developing, and responding to grant opportunities of interest to marriage and family therapists and the mental health populations they serve. Students develop their own systemic/relational program, training, research, or dissertation grant ideas; locate potential funding sources; tailor applications and proposals to each funding source; and critique and refine proposals to meet professional and grantor standards.

CFSD 626. Program Evaluation and Monitoring for Families and Communities. 3 Units.

Addresses formative and summative evaluations that use quantitative, qualitative, and mixed-method designs that are consistent with the program's design and logic model. Emphasizes program evaluation and clinical outcomes as well as collaborations with stakeholders to ensure evaluation reports meet intended purposes. Includes assessment of program need, theory and adherence, process and performance, outcomes, impact, and efficiency. Prerequisite: CFSD 622, CFSD 624.

CFSD 627. Statistical Analysis for Program Evaluation. 3 Units.

Reviews and utilizes basic statistical tools program administrators employ to analyze evaluation results. Provides a framework for evaluation methodologies and statistical analysis used in evaluation report development. Explores decision making strategies based on evaluation results and statistical analyses. Prerequisite or concurrent*: CFSD 624, CFSD 626*.

CFSD 628. Needs Assessment for Families and Communities. 3 Units.

Examines needs assessment methodologies that use literature review, quantitative, qualitative, and mixed-method designs identifying a need or gap in services for a specific problem or population. Uses a systems lens, emphasizing social justice and anti-racism, to develop a deeper understanding of problem formation and maintenance. Encourages development of ideas to address student-identified gaps or need within families or communities.

CFSD 634A. Practicum in Couple and Family Therapy. 3 Units.

First in a three-course practicum sequence. Applies systems and relational therapy to relational distress and mental health symptoms. Emphasizes a positive, strengths-based approach to resilience. Addresses gender, culture, socioeconomic, and political aspects of practice. Prerequisite: 200 clinical hours.

CFSD 634B. Practicum in Couple and Family Therapy. 3 Units.

Second in a three-course practicum sequence. Applies systems and relational therapy to relational distress and mental health symptoms. Emphasizes a positive, strengths-based approach to resilience. Focuses on mode of systemic conceptualization and in-session processes. Prerequisite: 200 clinical hours.

CFSD 634C. Practicum in Couple and Family Therapy. 3 Units.

Third in a three-course practicum sequence. Applies systems and relational therapy to relational distress and mental health symptoms. Emphasizes a positive, strengths-based approach to resilience. Emphasizes religious beliefs and spirituality, and moral and ethical imperatives in relationally-based practice. Prerequisite: 200 clinical hours.

CFSD 694. Directed Study: Family Studies. 1,2 Unit.

Individual study in areas of special interest concerning family life education. May be repeated for credit at the discretion of the faculty.

CFSD 695. Project Research. 1-12 Units.

Required research associated with the capstone project for the D.M.F.T. degree.

CFSD 698. Dissertation Research. 1-10 Units.

Completes independent research contributing to the field of marital and family therapy.

CFSD 785A. Begin Clinical Training in Couple, Marital, and Family Therapy. 0 Units.

Enables students to consult with clinical director to set up and begin supervised clinical practice in the field of couple, marital, and family therapy. Acceptance into a CFS doctoral program.

CFSD 785B. Clinical Training in Couple, Marital, and Family Therapy. 4 Units.

Provides direct client contact in the practice of couple, marital, and family therapy and documents completion of a minimum of 200 hours of direct client contact. Meets AAMFT-approved standards and applies toward 40 hours of clinical experience. May cover up to five quarters and be repeated five times.

CFSD 786. Professional Development Proposal. 0 Units.

Must be registered for at least one quarter prior to eligibility for 786A. The student's professional development plan must be formulated and approved by the faculty during this course.

CFSD 786A. Professional Development Doctoral Portfolio. 1-12 Units.

Provides professional development experience for doctoral students to meet their professional development program requirement. Must be arranged in advance in the department. Repeatable for a total of 36 units. Prerequisite: CFSD 786.

CFSD 786B. Professional Internship in Couple and Family Therapy. 2-6 Units.

Supervised client contact (face-to-face hours only) in the practice of couple and family therapy.

Marriage and Family Courses

MFAM 501. Research Tools and Methodology: Quantitative. 3 Units.

Current social research methods, practice in the use of techniques, consideration of the philosophy of the scientific method, and familiarization with behavioral health test instruments. Cross-listing: COUN 501.

MFAM 502. Research Tools and Methodology: Qualitative. 3 Units.

Qualitative methodology. Prepares students to undertake research projects using the intensive interview method of qualitative research. Explores practical and epistemological issues and problems in qualitative research in a workshop format. Cross-listing: COUN 502.

MFAM 515. Crisis Intervention and Client Advocacy. 3 Units.

Presents basic counseling theory, techniques, crisis intervention, and client-centered advocacy in recovery-oriented practice environments. Includes confidentiality, interprofessional cooperation, working with consumers, professional socialization, and collaboration. Discusses suicide, substance abuse, domestic violence, incest, spousal abuse, rape, treating the severely mentally ill, and disaster and trauma response. Cross-listing: COUN 515 .

MFAM 516. Play Therapy. 2 Units.

Experiential course that teaches practitioners and graduate students to apply play therapy techniques in dealing with childhood problems such as molestation, physical abuse, depression, trauma, and family conflict.

MFAM 524. Psychopharmacology and Medical Issues. 3 Units.

Introduces common physical and medical issues related to the practice of marriage and family therapy. Students learn a biopsychosocial-spiritual model to assess and intervene—with emphasis given to psychopharmacology, neuroanatomy, the mind-body relationship, and research relative to the field of medical family therapy.

MFAM 528. Culture, Socioeconomic Status in Therapy. 3 Units.

Addresses current information and historical narratives related to cultural diversity that impact belief systems, communication patterns, roles, and expectations within human relationships and systems. Examines SES and a wide range of social, racial, and ethnic factors that create meanings for individuals, couples, families, and mental health counselors. Emphasizes populations that become professional partners or clients served within this geographic region. Cross-listing: COUN 528.

MFAM 535. Case Presentation and Professional Studies. 3 Units.

Introduction to mental health recovery-oriented care. Exploration of personal biases toward various cultures/ethnicities, and how poverty and social stress impact consumers. Reviews ethics developed by the Board of Behavioral Science, the American Counseling Association, and the American Association of Marriage and Family Therapists. Examines spirituality and client-centered advocacy as important processes. Explores the interface between MFTs, counselors, and other professionals.

MFAM 536. Case Presentation and Documentation. 3 Units.

Through observation of live cases, trains student in applied psychotherapeutic techniques, assessment, diagnosis, prognosis, and treatment of premarital, couple, family, aging population, the severely mentally ill, and child relationships. Examines dysfunctional and functional aspects, including recovery process, health promotion, evaluation from a systems perspective, documentation, and illness prevention.

MFAM 537. Case Presentation. 3 Units.

The third of six quarters of training work that the student will be expected to complete during the course of their on-campus practicum experience. Focuses on the development of a theoretical orientation as a way to develop, critique, and refine the personal and theoretical perspectives of the therapist. A clinically oriented seminar in which students are asked to prepare brief and focused presentations of individual, marital, or family cases.

MFAM 538. Theory and Practice of Conflict Resolution. 2 Units.

Overviews the field of conflict management and resolution. Basic theories and methodologies in the field, with opportunity to develop basic clinical mediation skills.

MFAM 539. Solution-Focused Family Therapy. 2 Units.

Provides an in-depth understanding of solution-focused family therapy and practice. Focuses on the work of de Shazer and Berg, along with the foundational constructs of MRI.

MFAM 547. Social Ecology of Individual and Family Development. 3 Units.

Studies human individual development and its relationship to the family life cycle from birth through aging and death of family members. Discusses biological, psychological, social, and spiritual development in the context of family dynamics involving traditional two-parent families, alternative partnerships, single parents, blended families, and intergenerational communities. Cross-listing: COUN 547.

MFAM 549. Christian Counseling and Family Therapy. 2 Units.

Integrates Christian concepts and family therapy in a conceptual and clinical context.

MFAM 551. Family Therapy: Foundational Theories and Practice. 3 Units.

Provides an overview of the major theories in marriage and family therapy. Explores systems theory concepts in light of the major models of family therapy. Exposes students to the recovery process and consumer advocacy. Examines evidence-based models—such as cognitive behavioral, multidimensional family therapy (MDFT), and emotional-focused therapy. Through MDFT, exposes students to the treatment of addicted adolescents and their families.

MFAM 552. Couples Therapy: Theory and Practice. 3 Units.

Overview of the couples/marital therapy literature—including divorce, child rearing, parenting, step parenting, and blended families. Evidence-based practices studied relevant to consumer treatment and recovery. Examines how culture, SES, poverty, social, stress and addiction affect clinical practice.

MFAM 553. Family Systems Theory. 3 Units.

Reviews Bowen theory of family systems. Introduction to family psychotherapy as an outgrowth of the theory. Students examine their own families of origin.

MFAM 555. Narrative Family Therapy. 2 Units.

Narrative therapy and social construction as important developments in social theory and in clinical practice. Uses narratives and the role they play in a person's life through language and meaning systems. Examines issues of power, collaboration, culture, community, and re-authoring narratives, particularly in the works of Michael White and David Epston.

MFAM 556. Psychopathology and Diagnostic Procedures. 3 Units.

Explores the history and development of psychopathology and how it relates to current clinical practice in general and marriage and family therapy in particular. Utilizes the multiaxial classifications of the current edition of the Diagnostic and Statistical Manual as a practical basis for diagnostics. Cross-listing: COUN 556.

MFAM 559. Cognitive-Behavioral Couples Therapy. 2,3 Units.

Experiential course that surveys major cognitive-behavioral family therapy therapists, and integrates treatment techniques into practice in laboratory.

MFAM 564. Family Therapy: Advanced Foundational Theories and Practice. 3 Units.

Comprehensively surveys more recent therapy models, such as narrative, collaborative language systems, and solution-focused theory. Using these models, student learns to assess and consider diagnosis; as well as learn the role of language, meaning, and process in relationships. Class examines the theoretical strengths and limitations of these models in relation to culturally diverse populations.

MFAM 567. Treating the Severely and Persistently Mentally Ill and the Recovery Process. 3 Units.

Addresses identification, treatment, and referral procedures for severely mentally ill consumers in diverse populations. Focuses on the recovery process and on evidence-based or agreed-upon approaches during treatment. Includes etiology, diagnosis, treatment planning, and prevention of mental and emotional disorders, and dysfunctional behavior.

MFAM 568. Groups: Process and Practice. 3 Units.

Surveys major theoretical approaches, including individual theories, marital groups, network, and family therapy groups. Group laboratory experience provided wherein students apply theory to practice and develop group leadership skills. Cross-listing: COUN 568.

MFAM 576. Mastering Each New Direction Theory and Practice. 2 Units.

Examines the Mastering Each New Direction (MEND) model, focusing on its key concepts, applications, and research. Applies the MEND model to clinical practice through discussion, role-playing, case conceptualization, psychoeducation, and small group work.

MFAM 584. Advanced Child and Adolescent Development. 3 Units.

Psychodynamics involved in child and adolescent problems with respect to the family relationship. Demonstrates a variety of counseling approaches to the treatment of children and adolescents, with emphasis on diverse settings (e.g., education, hospital, and agency). Cross-listing: COUN 584.

MFAM 604. Social Context in Clinical Practice: Gender, Class, and Race. 3 Units.

Introduces social inequalities that result in unfairness, health disparities, assaults to personal dignity, and family stress. Focuses on how one's position within social hierarchies—such as gender, socioeconomic status, race, and sexual orientation—affects psychological and relational health. Examination of how family therapists and counselors address these social contextual factors as part of a recovery-based approach that empowers people within their relationships and social systems. Cross-listing: COUN 604.

MFAM 605. Gestalt Family Therapy. 2 Units.

Principles of Gestalt psychology and therapy; the relationship between the individual and the physical, emotional, societal, and spiritual environment. Group experience that permits the spiritual and affective aspects of Gestalt therapy to be expressed and integrated with systems theory.

MFAM 606. Emotionally Focused Couples Therapy. 2 Units.

Students examine the theory of emotionally focused therapy and concentrate on the work and research of Susan Johnson.

MFAM 614. Law and Ethics. 3 Units.

Examines child welfare, separation, and divorce law, and financial aspects of family maintenance. Includes case management, referrals, professional and client interactions, ethical and interprofessional relations, legal responsibilities, and confidentiality. Explores interactions among the practitioner's sense of self and human values, professional behavior, scope of practice, and ethics. Examination of impacts of culture, SES, poverty, social stress, and biology on the recovery process.

MFAM 624. Individual and Systems Assessment. 3 Units.

Applies psychological testing methods in the diagnostic assessment of individual, family, and group behavioral dynamics as encountered in behavioral health counseling. Cross-listing: COUN 624.

MFAM 635. Case Presentation and Legal Issues. 3 Units.

A clinically oriented course in which students prepare brief and focused oral and/or video presentations of individual, marital, or family cases with which they are currently working at their clinical placements that demonstrate an understanding of systems theory; as well as of legal, ethical, cultural, SES, spiritual, and developmental issues. Students discuss how cases support consumer advocacy.

MFAM 636. Case Presentation and Client-Centered Advocacy. 3 Units.

Examines the recovery process in relation to case write-ups. Ongoing individual, marital, and family cases formally presented by trainees discussing how consumer advocacy is supported; as well as collaboration with other mental health practitioners. Requires an in-depth case write-up on a couple or family that demonstrates an understanding of legal, ethical, cultural, SES, spiritual, client-centered advocacy, recovery model, disability act and services, and developmental issues.

MFAM 637. Case Presentation and Global Practices. 3 Units.

Students receive case supervision and prepare for a final oral comprehensive examination that requires four videotaped segments of the case over a minimum of six sessions or six hours, depending upon the clinic site; a write-up of the case; an epistemology paper; and a vignette.

MFAM 638. Substance Use Disorders, Relationships, and Recovery. 3 Units.

Examines current theories of etiology of substance use disorders and the effects of psychoactive drug use. Emphasizes assessment and evaluation strategies; impact on mental, biological, relational, and community systems; evidence-based prevention and treatment approaches within a recovery process orientation. Explores issues of regional multicultural competence, human diversity, and access to care. Cross-listing: COUN 638.

MFAM 644. Child Abuse and Family Violence. 3 Units.

Presents characteristics of physical and emotional abuse, neglect, sexual molestation, and family violence including offender and nonoffender traits. Focus on treatment including individual, group, and family therapy. Ethical and legal issues, community resources, and multidisciplinary approaches to child abuse. Examines cultural, SES, poverty and/or social stress impacts on mental health and recovery. Cross-listing: COUN 644.

MFAM 645. Advanced Treatment Strategies – Substance Use Disorders. 3 Units.

Explores contemporary treatment strategies in depth for substance use disorders with adults, adolescents, families, groups, and those with multiple diagnoses.

MFAM 654. Practicum in Drug and Alcohol Counseling. 1 Unit.

Practicum course in which students discuss with individuals and families and apply current theories and strategies for treating substance use disorders. Explores issues of multicultural competence, human diversity, and access to care. Prerequisite: Acceptance into the Drug and Alcohol Counseling certificate.

MFAM 665. Structural and Multidimensional Family Therapy. 2 Units.

Enhances observational, conceptual, planning, and intervention skills. Increases ability to understand verbal and nonverbal communication and evidence-based family therapies. Broadens understanding of structural and multidimensional family therapy.

MFAM 674. Human Sexual Behavior. 3 Units.

Sexuality in contemporary society from the sociopsychological viewpoint. Anatomy and physiology of human sexuality: reproduction, normal and abnormal sexual response, psychosexual development, human fertility, human sexual dysfunction. Integration of systems theory. Cross-listing: COUN 674.

MFAM 694. Directed Study: Marriage and Family. 1-4 Units.

Individual study in areas of special interest concerning the family and its problems. May be repeated for credit at the discretion of the faculty.

MFAM 731. Clinical Training. 1-6 Units.

Designed for marriage and family therapy (MFT) students at the beginning of their clinical training. Requires 300 hours (1 unit equals up to 50 direct service clinical hours) to be completed at an approved site.

MFAM 732. Clinical Training. 1-4 Units.

Designed for students who have completed MFAM 731 before Autumn 2023 and are at an approved clinical site. Must register for a minimum of 1 unit (50 hours) each quarter until a total of 4 units (200 hours) is completed.

MFAM 734. Professional Clinical Training. 1.5,3 Unit.

Supervised clinical counseling of individuals, couples, families, and children. At least one hour of individual supervision per week and two hours of case presentation seminar per week. Continuous registration for this portion of the clinical training until completion of at least fifty clock hours.

MFAM 734A. Professional Clinical Training. 1.5-6 Units.

Supervised clinical counseling of individuals, couples, families, and children. At least one hour of individual supervision per week and two hours of case-presentation seminar per week. Continuous registration for this portion of the clinical training until completion of at least 300 clock hours.

MFAM 735. Case Presentation Extension. 0 Units.

Provides a mechanism for students to earn clinical hours beyond those achieved in the "Case Presentation" course to fulfill California Marriage and Family Therapist licensure requirements.

MFAM 744. Clinical Internship. 1 Unit.

Supervised clinical counseling of individuals, couples, families, and children. One hour of individual supervision per week. Postgraduates only. Approved by internship coordinator.