PHYSICAL THERAPY (PHTH)

Courses

PHTH 501. Neurology I. 3 Units.
Physical therapy management of individuals with balance and vestibular disorders resulting in impairments, functional limitations, and disabilities. Emphasizes application and integration of theoretical constructs, evidence-based practice, examination, evaluation, diagnosis, prognosis, intervention, and outcome measurements.

PHTH 502. Neurology II. 3 Units.
Physical therapy management of individuals with neurological disorders (including stroke, traumatic brain injury, multiple sclerosis, Parkinson's disease, Guillain-Barre syndrome, and amyotrophic lateral sclerosis) resulting in impairments, functional limitations, and disabilities. Emphasizes the application and integration of theoretical constructs, evidence-based practice, examination, evaluation, diagnosis, prognosis, intervention, and outcomes measurement.

PHTH 503. Neurology III. 3 Units.
Physical therapy management of individuals with spinal cord injury and amputations resulting in impairments, functional limitations, and disabilities. Emphasizes the application and integration of theoretical constructs, evidenced-based practice, examination, evaluation, diagnosis, prognosis, intervention, and outcomes measurement.

PHTH 505. Integrated Clinical Experience. 0 Units.
A year-long course that provides the students—assisted by faculty and clinical therapist—experience with mock and real patients. Emphasis is on critical thinking related to assessment, safety, and treatment progression. Course incorporates didactic education into practical application.

PHTH 506. Exercise Physiology. 3 Units.
Increases knowledge and understanding of human physiology and the adaptations that occur during exercise; as well as understanding of how the body responds to acute and chronic exercise during physical therapy intervention. Emphasizes cardiovascular, respiratory, and neuromuscular responses to the physical stress of exercise. Stresses understanding of body fat analysis and the risk of disease in the client when obesity is present. Increases understanding of the interactions of metabolism, circulation, and structural adaptations in response to exercise and training when therapeutic interventions are needed. Applies tests and measures to concepts, along with applications of exercise prescriptions.

PHTH 508. PT Communication and Documentation. 2 Units.
Introduces principles and dynamics of professional communication. Emphasizes basic skills needed in a clinical setting, including but not limited to the following: evaluations, progress notes, discharge summary, workers compensation, prescriptions, patient interviews, letters of justification, electric formats, and legal considerations related to all aspects of the above.

PHTH 509. Physical Therapy Modalities. 3 Units.
Introduces fundamental principles, physiological effects, and application techniques in the use of physical therapy modalities. Physical agents—including thermotherapy, cryotherapy, ultrasound, and electrotherapy procedures. Manual modalities—including basic massage techniques, myofascial and trigger point release. Lecture and laboratory.

PHTH 510. Kinesiology. 3 Units.
Functional anatomy of the musculoskeletal system. Analyzes and applies the biomechanics of normal and pathological movement of the human body. Includes introduction to palpatory techniques for bone, ligament, and muscle. Lecture and laboratory.

PHTH 511. Clinical Orthopaedics. 2 Units.
Presents the basis for the physical therapist's management of patients with functional impairments stemming from orthopaedic pathologies associated with all body regions. Introduces and considers the components of patient/client management—including examination, evaluation, diagnosis, prognosis, intervention, and outcomes. Includes lectures by orthopaedic surgeons emphasizing postoperative rehabilitation to enhance understanding of surgical procedures utilized in the management of the orthopaedic patient.

PHTH 512. Clinical Psychiatry. 2 Units.
Introduces mental and personality disorders. Reviews abnormal behaviors commonly found in a clinical setting.

PHTH 513. Therapeutic Procedures. 3 Units.

PHTH 514. Manual Muscle Testing. 3 Units.
Methods of evaluating muscle strength and function using specific and gross manual muscle tests. Integrates manual muscle testing with other aspects of patient care. Live patient demonstrations and discussion regarding each patient. Lecture, demonstration, and laboratory.

PHTH 517. Movement Science. 2 Units.
An integrative approach to movement impairment and neuromuscular approaches in the evaluation and management of musculoskeletal pain syndromes. Identifies clinical reasoning and examination of movement patterns. Extensive laboratory practice with patient/case studies.

PHTH 518. Aspects of Health Promotion. 2 Units.
Dynamics of physical therapy involvement in health promotion for the individual and the community. Factors in the promotion of a healthful lifestyle, including cardiovascular enhancement, stress reduction and coping mechanisms, nutritional awareness, weight management, and substance control. Students design and implement community-based health education program.

PHTH 519. Locomotion Studies. 3 Units.
Develops competencies in the identification and evaluation of normal and abnormal gait patterns, progressing to development of treatment programs. Includes physical therapy management of prosthetic and orthotic devices and their assistance with gait.

PHTH 521A. Orthopaedics 1A. 3 Units.
Discusses physical therapy examination, evaluation, and interventions relevant to the clinical management of musculoskeletal conditions of the upper extremities. Presents instruction related to orthopaedic physical therapy interventions—including joint mobilization, hand splinting, and other selected manual techniques for specific upper extremity musculoskeletal conditions. Utilizes lecture, laboratory, and case studies to develop and integrate these concepts.

PHTH 521B. Orthopaedics 1B. 3 Units.
Students further develop concepts of examination, differential diagnosis, prognosis, and interventions that are expanded to patients with musculoskeletal conditions of the lower extremities. Utilizes lecture, laboratory, and case studies to develop and integrate these concepts.
PHTH 522. Orthopaedics II. 3 Units.

PHTH 523. Orthopaedics III. 3 Units.
Evidence-based theory of lumbopelvic, lumbar and thoracic spine examination, evaluation, and physical therapy intervention. Expanded principles of functional anatomy, tissue and joint biomechanics, pathology, and treatment. Differentiates etiology of lumbar, lumbopelvic, and thoracic pain.

PHTH 525. General Medicine. 3 Units.
An understanding of medical and surgical disorders for the physical therapist. Basic pathology and/or etiology and clinical manifestations. Medical treatment for conditions within selected specialties of: endocrinology, arthritis, oncology, and integumentary management.

PHTH 526A. Cardiopulmonary I. 2 Units.
Identifies and explains anatomy and physiology of the cardiovascular system as it applies to physical therapy patient management. Discusses the medical and PT management of patients diagnosed with various cardiac diseases and complications. Identifies the disease process—including definition, etiology, pathophysiology, clinical presentation and clinical course of CHF, ischemic heart disease and acute coronary syndrome, and various cardiovascular diseases. Analyzes and examines ECGs of various forms, with basic interpretation. Demonstrates and provides rationale for utilization of various examination techniques for patients with heart disease in an effort to establish a PT diagnosis, prognosis, and plan of care. Identifies the goals and outcomes of cardiovascular rehabilitation. Includes lecture and laboratory.

PHTH 526B. Cardiopulmonary II. 2 Units.
Student identifies and explains the normal anatomy and physiology of the pulmonary system as it applies to physical therapy management; discusses medical and PT management of patients diagnosed with various pulmonary diseases and complications; and analyzes arterial blood gases in a systematic manner, showing how they relate to disease and ventilatory processes. Student discusses and demonstrates understanding of pulmonary function test for obstructive and restrictive diseases; demonstrates and provides rationale for utilization of various examination techniques for patients with pulmonary disease in an effort to establish a PT diagnosis, prognosis, and plan of care; and identifies the goals and outcomes of pulmonary rehabilitation. Lecture and laboratory included.

PHTH 528. Therapeutic Exercise I. 3 Units.
Introduces the principles and foundational concepts of therapeutic exercise. Includes passive ROM, stretching exercises, resistance training, aerobic conditioning, and aquatic rehabilitation. Introduces the Nagi and ICF disablement models to assist the student in selecting appropriate therapeutic exercise. Lecture and laboratory.

PHTH 530. Therapeutic Exercise II. 3 Units.
Expands the concepts learned in PHTH 528 Therapeutic Exercise I. Students learn to formulate and implement exercise prescriptions based on impairments and protocols. Uses case studies to design treatment progressions for the extremities. Emphasizes spinal stabilization approaches for the axial skeleton. Lecture and laboratory.

PHTH 532. Biostatistics I. 2 Units.
Fundamental procedures of analyzing and interpreting data. Sampling, probability, descriptive statistics, normal distribution, sampling distributions and standard error, confidence intervals and hypothesis testing, power, effect size. Introduction to epidemiological measures to estimate risk and select measures of clinical improvement.

PHTH 534. Soft Tissue Techniques. 2 Units.
Physical therapy evaluation and treatment-planning strategies for individuals with orthopedic dysfunction primarily related to soft tissue injury resulting in pathology, impairments, functional limitations, and disabilities. Emphasizes laboratory hands-on application and integration of theoretical constructs, evidenced-based practice, examination, evaluation, intervention, and measurement of outcomes.

PHTH 540. Concepts of Acute Care. 2 Units.
Comprehensively familiarizes students with the various procedures, equipment, lines and tubes, treatment, and other factors involved in treating adult and pediatric patients in the acute care setting. Includes case studies utilizing various medications and reactions that the physical therapist may encounter during treatments in acute care. Covers such settings as ICU, NICU, and CCU using the most current research on mobilization and improving function. Identifies the roles of multidisciplinary team members managing critical care patients.

PHTH 555. Differential Diagnosis. 2 Units.
Emphasizes information gathering from history taking, review of systems, and directed questioning, combined with a focused examination to establish a working diagnosis. Uses a hypothetico-deduction strategy to minimize misdiagnosis and teach problem solving—helping students develop a working list of all possible causes of symptoms, including those from mechanical and visceral origins. Emphasizes clinical pattern recognition for both musculoskeletal and nonmusculoskeletal disorders. Teaches strategies to differentiate between musculoskeletal and nonmusculoskeletal disorders. Highlights knowledge and skills related to screening for medical pathology in patients with musculoskeletal complaints of the lumbar spine, pelvis, lower extremities, thoracic spine, shoulder girdle, and upper extremities.

PHTH 557. Life Span Studies I: Infant through Adolescent. 3 Units.
Sequential human development from neonate through adolescence, as applied to normal and abnormal neurological development. Includes concepts of prenatals and postnatal care, delivery, and neonatal assessment; developmental theories, infant reflex testing, and developmental milestones of the infant, toddler, child, and adolescent. Incorporates the interrelationship of the physical, perceptual, and motor components in treatment of the neurologically disabled patient.

PHTH 558. Life Span Studies II: Developmental Disabilities. 3 Units.
Discussion and demonstration of physical therapy diagnosis, assessment, and case management of clients with developmental disabilities—such as cerebral palsy, spina bifida, muscular dystrophy, and various other developmental disorders. Includes presentation and demonstration of pediatric NDT, sensory integration, spasticity management, and adaptive equipment options; as well as writing realistic, measurable objectives. Includes laboratory demonstrations.

PHTH 559. Life Span Studies III: Geriatrics. 2 Units.
Overview of the normal and pathological changes seen during the aging process as related to physical therapy. Includes theories and demographics of aging, physiological and psychosocial changes, principles of geriatric rehabilitation, pharmacology, orthopedic considerations, fall risk and fall prevention.
PHTH 561. Physical Therapy Administration. 4 Units.
Principles of organization and administration in health-care delivery. Multidisciplinary approach to patient management and patient-therapist relations. Administration of physical therapy services. Professionalism, medicolegal considerations, supervision and training of support personnel. Departmental design and budgetary considerations.

PHTH 563. Scientific Inquiry I. 2 Units.
Using the team-based learning approach, introduces students to the terminology, methodology, and skills needed to become efficient and critical consumers of published evidence. Teaches students the elements of focused clinical questions development, hypothesis development, study designs, sampling techniques, study variables, measurement, reliability, validity, threats to validity, and statistics as they relate to evidence-based practice.

PHTH 564A. Scientific Inquiry II A. 1 Unit.
Students learn the elements of evidence-based practice, how to balance evidence with patients’ preferences and clinical expertise, and how to become lifelong learners using evidence-based practice. Guided by a faculty advisor, students develop a focused clinical question, obtain, analyze, synthesize, and integrate evidence; and then evaluate outcomes related to the question.

PHTH 564B. Scientific Inquiry II B. 1 Unit.
Students create and submit a written systematic review of the evidence gathered and appraised in PHTH 564A Scientific Inquiry II A. Evidence-based practice experience culminates in a formal oral presentation of the findings to an audience of faculty and peers. Prerequisite: PHTH 563, PHTH 564A.

PHTH 567. Pain Science. 2 Units.
Integrates conceptual frameworks pertinent to the clinical transitioning from acute to chronic pain. Presents functional connectivity brain patterns related to various "pain signatures" of the brain. Reviews functional MRI pain research as it relates to clinical presentations of acute pain, chronic pain, neuropathic pain, and pain-prone personality disorders. Utilizes a proposed classification system for identifying chronic pain patients and introduces counseling management strategies intended to match the particular chronic pain group. Integrates clinical reasoning throughout the entire course, allowing students to draw upon clinical reasoning skills to help navigate management of the patient with acute and chronic pain.

PHTH 571. Physical Therapy Practicum I. 1 Unit.
A two-week, forty clock hours per week, clinical education experience. Allows students to begin utilizing physical therapy clinical and professional skills learned during the first year of the DPT curriculum. Supervision by a licensed physical therapist. Includes direct patient care, as well as possible participation in specific site team conferences, demonstrations, special assignments, and observation.

PHTH 572. Physical Therapy Practicum II. 2 Units.
A four-week, forty clock hours per week, clinical education experience. Students apply and practice knowledge and skills learned in general medicine, neurologic, orthopedics, and preventive care/wellness as they relate to patients across the lifespan. Supervision by a licensed physical therapist. Includes direct patient care, as well as possible participation in specific site team conferences, demonstrations, special assignments, and observation.

PHTH 573. Physical Therapy Practicum III. 1.5 Unit.
A three-week, full-time (forty hours/week) clinical education assignment done in an affiliated clinic, with an emphasis in any of a variety of settings: acute care, outpatient care, neurehabilitation, orthopaedics, geriatrics, pediatrics, sports medicine, and preventive care/wellness, etc. The third of three practicums required, scheduled at the beginning of the Summer Quarter of the third academic year. Full-time supervision by a licensed physical therapist required. Activities include direct patient care, team conferences, demonstrations, special assignments, and observation.

PHTH 575. Orthopaedics IV. 1 Unit.
A three-quarter course that integrates examination procedures taught in the orthopaedic curriculum. Culminates in a comprehensive laboratory practical that includes the five elements of patient/client management, as described in the Guide to Physical Therapy Practice: examination, evaluation, diagnosis, prognosis, and intervention.

PHTH 701. Physical Therapy Affiliation I. 5 Units.
Ten-week clinical assignment to be completed during the third year in affiliated clinical settings. Emphasizes a variety of clinical settings: acute care, rehabilitation, orthopaedics, geriatrics, and pediatrics. Forty clock hours per week of supervised clinical experience, program integrative special assignments, in-service, lectures, demonstrations, and conferences. Student’s overall performance facilitated and assessed by the academic coordinators of clinical education, with input and feedback from clinical instructors who provide direct instruction and documented feedback utilizing a standardized assessment tool.

PHTH 702. Physical Therapy Affiliation II. 5 Units.
Eleven-week clinical assignment to be completed during the third year in affiliated clinical settings. Emphasizes a variety of clinical settings: acute care, rehabilitation, orthopaedics, geriatrics, and pediatrics. Forty clock hours per week of supervised clinical experience, program integrative special assignments, in-services, lectures, demonstrations, and conferences.

PHTH 703. Physical Therapy Affiliation III. 5 Units.
Nine-to-ten-week clinical assignment to be completed during the third year in affiliated clinical settings. Emphasizes a variety of clinical settings: acute care, rehabilitation, orthopaedics, geriatrics, and pediatrics. Forty clock hours per week of supervised clinical experience, program integrative special assignments, in-services, lectures, demonstrations, and conferences. Student’s overall performance is facilitated and assessed by the academic coordinators of clinical education, with input and feedback received from clinical coordinators who provide direct instruction and provide documented feedback utilizing a standardized assessment tool. Expectation for clinical performance is higher than expected for PHTH 703. Students must satisfactorily complete PHTH 702 before proceeding to PHTH 703.

PHTH 731. Advanced Orthopaedic Studies. 3 Units.
Specialty track that provides opportunity to pursue, in greater depth, various topics related to current trends in orthopaedic physical therapy; and to develop advanced clinical skills, where appropriate.

PHTH 732. Advanced Neurologic Studies. 3 Units.
Continued development of critical thinking, refinement of previously learned neurologic patient management skills, and introduction to new content supporting neurologic physical therapy practice.

PHTH 733. Advanced General Medicine Studies. 3 Units.
Specialty track that provides opportunity to pursue, in greater depth, various topics related to current trends in general medicine physical therapy; and to develop advanced clinical skills, where appropriate.
PHTH 736. Residency Level Clinical Experience. 1 Unit.
Clinical mentorship under the supervision of a master clinician. Didactic instruction that draws upon a variety of strategies, including case reviews, 1:1 patient mentoring, experiential video analysis and feedback, activities that involve scientific inquiry, and interpretation of the literature and/or clinical experiences.