

# A UNIQUE UNIVERSITY

---

Loma Linda University has always combined a devotion to academic excellence with a concern for spiritual values and a high sense of mission. The motto of the University, "To make man whole," illustrates the sense of destiny felt in the University community to act its part in God's ongoing plan for healing and restoring human beings to live with Him in wholeness, both now and in eternity.

While Loma Linda University has changed in many ways since its beginning in 1905, the biblical principles that provide its foundation have remained unchanged.

## Seventh-day Adventist heritage

Loma Linda University is owned and operated by the Seventh-day Adventist Church and has deep commitment to respecting the rich diversity of its student body. Students come from many different faiths, and respect and sensitivity for all people—regardless of their culture or ethnicity—are viewed as a part of true Christianity. This University has a tradition of religious liberty, and it highly respects students' religious values that differ from those of this academic community. The various perspectives of spiritually committed students are considered to be enriching to this campus and its educational environment.

## Our unique features

Two distinctive features of the Seventh-day Adventist Church, which are a part of the Loma Linda experience, become evident to first-time students. The first is the concept of Sabbath rest, which reminds us of God as Creator. Adventists realize this in part by celebrating Saturday as the Sabbath from sundown Friday to sundown Saturday. During these hours, University offices, laboratories, libraries, study halls, and recreation facilities are closed to give time for physical and spiritual renewal and worship.

A second distinctive feature worth noting is the emphasis on health and wellness. Students will be able to exercise in our recreation and wellness center, a health-and-fitness complex that received a national award for excellence in utility and design. Cafeterias on campus feature well-prepared vegetarian meals. Note also that the University holds that a drug-, alcohol-, and tobacco-free lifestyle is essential for achieving the goal of "wholeness." This means that all students agree to refrain from the use of tobacco, alcohol, and other "recreational" drugs while enrolled at the University.